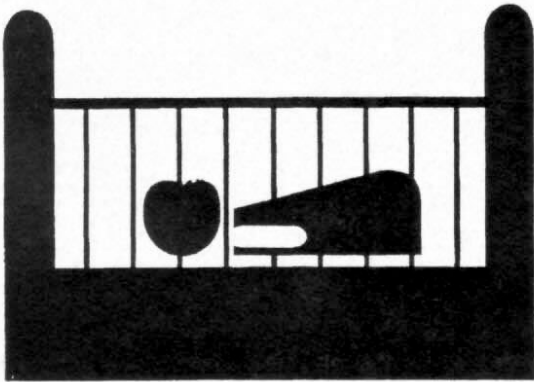


SIDS

Sudden Infant Death Syndrome



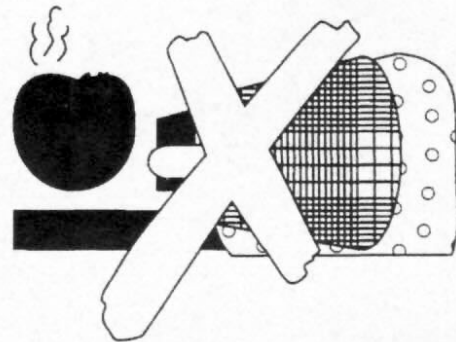
Place the baby on the back



Avoid placing the baby on soft surfaces



Stop smoking around the baby



Avoid overheating, especially when the child is ill

Des Moines Infant Mortality Prevention Center Iowa Department of Public Health 1999



Thomas J. Vilsack, Governor • Sally J. Pederson, Lt. Governor • Stephen C. Gleason, D.O., Director