

Name (last name/first name)

Grid for Name entry

Mailing Address (include apt. no.)

Grid for Mailing Address entry

City

Grid for City entry

State

Zip Code

Grid for Zip Code entry

Shirt Size

Grid for Shirt Size entry

Youth (XS-LG) or Adult (S-3XL)

Email Address

Text box for Email Address

Release & Waiver (must be signed to participate): In consideration of acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive & release any & all rights & claims for damages I may have or thereafter accrue to me against all sponsors, contributors, and individuals associated with the event, its agencies, representatives, successors & assigns for any & all injuries suffered by me, while taking part in the event. I attest and verify that I have full knowledge of the risks involved in this event & I am physically fit & sufficiently trained to participate in the event. I give my permission for the free use of my name and picture in a broadcast or print media account of this event.

Signature of Applicant

Date

Signature of parent if under the age of 18

Date

Enclose entry fee with this form.

Mail to: Iowa SIDS Foundation
406 SW School Street
Ankeny, IA 50023

Make checks payable to:
Iowa SIDS Foundation

Questions regarding registration
may be directed to 866-480-4741
or info@iowasids.org.

LOCATION: (check one)

- Cedar Rapids
- Chariton
- Keswick
- Pleasant Hill
- Quad Cities
- Sioux City
- Washington
- Not Walking

Walking in Memory of:

Registration Fee:

Adult \$35 _____
(Long Sleeve Tee-available to those that pre-register by August 5th.)

Adult \$25 _____

Youth \$10 _____

Not Walking \$3 _____
(Please add \$3 to order for shipping)

Donation to ISF _____

PLEASE complete one form per person. This is required for liability insurance AND will save you time during the walk registration process.

Thank you!!!!!!!!!!